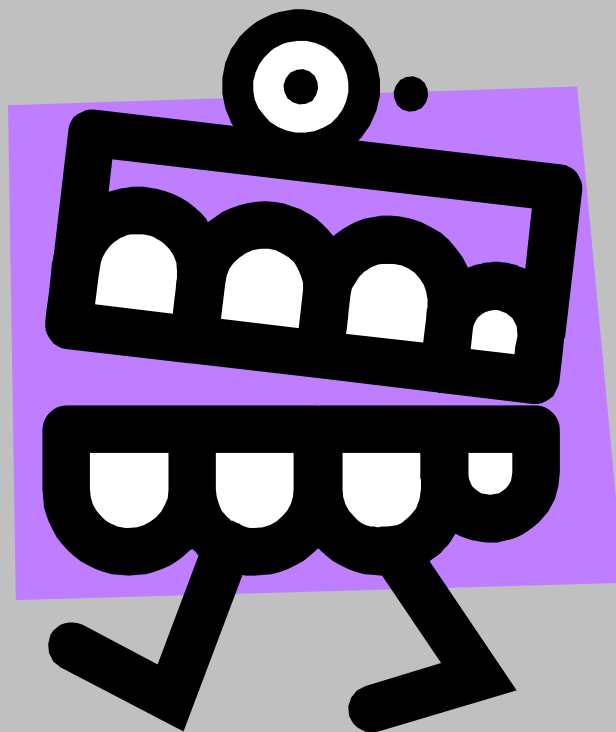


**BOOKS AND ACTIVITIES FOR  
YOUNG CHILDREN ABOUT  
ORAL HEALTH**



**Region 1 Forum on Head Start and Oral Health  
June 2004**

## **Books and Activities for Young Children about Oral Health <sup>1</sup>**

### ***Fiction***

*Young Cam Jansen and the Lost Tooth.* Davis A. Adler, Natti, S. Viking, 1997.

*Harry McNairy, Tooth Fairy.* Ann Fitzpatrick Alper, Taylor, B. Albert Whitman, 1998.

*The Night the Tooth Fairy Came.* Ziva Z. Azhdam, Burrier, M. Avnner. Publishers, 2002.

*Little Rabbit's Loose Tooth.* Lucy Bate, de Groat, D. Dragonfly, 1988.

*Airmail to the Moon.* Tom Birdseye, Grammel, S. Holiday, 1998.

*Franklin and the Tooth Fairy.* Paulette Bourgeois, Clark B. Scholastic, 1996.

*Tooth Tales from Around the World.* Marlene Targ Brill, Krenina, K. Charlesbridge, 1998.

*Arthur's Tooth.* Marc Brown. Little Brown, 1985.

*Arthur Tricks the Tooth Fairy.* Marc Brown. Random House, 1998.

*No Tooth, No Quarter!.* Jon Buller, Schade, S. Random House, 1989.

*Trouble on the T-Ball Team.* Eve Bunting, Trivas, I. Clarion, 1997.

*Pulling My Leg.* Jo Carson, Downing, J. Orchard, 1990.

*A Tooth Fairy's Tale.* David Christiana. Farrar; 1994.

*Going to the Dentist.* Anne Civard, Cartwright, S. Usborne Books, 2001.

*Grandpa's Teeth.* Rod Clement. Trophy, 1998.

*The Tooth Fairy.* Peter Collington. Alfred Knopf, 1995.

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<sup>1</sup> Adapted and developed by Steve Shuman, Health Specialist, Region 1 Head Start Quality Initiative from the following sources;

*Children's Literature about Health Safety and Nutrition* compiled by Melissa Ann Renck and Mary Renck Jalongo published in *Beyond The Journal, Young Children on the Web*, National Association for the Education of Young Children, March 2004

*Primary Smiles* compiled by Judith A. Feinstein, Maine Bureau of Health, Division of Community Health, Oral Health Program, September, 2002.

NOTE:<sup>AA</sup> indicates books that illustrate an African American experience. English-language books also available in Spanish are identified with an <sup>Sp</sup> and those also available in Portuguese with a <sup>P</sup>.

*Mabel the Tooth Fairy and How She Got Her Job.* Katie Davis. Harcourt, Brace, and Co. 2003.

*Bill and Pete.* Tomie de Paola. Putnam Juvenile, 1978.

*Dear Tooth Fairy.* Alan Durant, Cabban, V. Candlewick Press, 2004.

*The Mixed Up Tooth Fairy.* Keith Faulkner, Lambert, J. Scholastic. 2002.

*Midnight Magic.* Amy Gordon, Clifford. J. Troll, 1997.

*The Whole Tooth Fairy Thing's Nothing but a Big Rip Off!.* Lois G. Grambling, Thomas, P. Marshall Cavendish, 2002.

*Tooth Fairy* Kirsten Hall, Apperly, D. Scholastic, 2004.

*Arthur's Loose Tooth.* Lillian Hoban. Harper Collins, 1985.

*A Quarter from the Tooth Fairy.* Caren Holtzman, Day, B. Scholastic, 1995.

*Jane vs. the Tooth Fairy.* Betsy Jay, Osiecki, L. Rising Moon, 2000.

*Lost Tooth Club.* Arden Johnson. Tricycle Press, 1998.

*Make Way for Tooth Decay.* Bobbi Katz, Bjorkman, S. Scholastic, 2002.

*The Real Tooth Fairy.* Marilyn Kaye, Cogancherry, H. Harcourt, 1990.

*My Loose Tooth.* Stephen Krensky, Takahashi, H. Random House, 1999.

*Trevor's Wiggly-Wobbly Tooth.* Lester L. Laminack, Garry McCord, K. Peachtree, 1998.

*Little Bear Brushes His Teeth.* Jutta Langreuter, Sobat, V. Millbrook Press, 1997.

*Science Fair Bunnies.* Kathryn Lasky, Hafner, M. Candlewick, 2000.

*Zack at the Dentist.* Jonathan London, Medoff, J. Scholastic, 2000.

*What Do The Tooth Fairies Do With All Those Teeth?* Michel Luppens, Beha, P. Firefly, 1996.

*My Tooth Is About to Fall Out.* Grace Maccarone, Lewin, B. Scholastic, 1995.

*Cousin Ruth's Tooth.* Amy MacDonald, Priceman, M. Houghton, 1996.

*Just Going to the Dentist.* Mercer Mayer. Golden Books, 1990.

*Brush Your Teeth Please: A Pop-Up Book.* Leslie McGuire, Pidgeon, J. Reader's Digest Children's Publishing, 1993.

*Fluffy Meets the Tooth Fairy.* Kate McMullan, Smith, M. Scholastic, 2002.

*Bear's Toothache.* David McPhail. Little Brown, 1988.

*Dear Tooth Fairy: The True Story of How the Tooth Fairy Came to Be, Vo. 1.* Kath Mellentin, Wood, T, Thatcher, F. Simon and Schuster, 1997.

*Tabitha's Terrifically Tough Tooth.* Charlotte Middleton. Dial, 2001.

*Wibble Wobble* Miriam Moss, Mockler, J. M.E. Media, LLC, 2001.

*Andrew's loose tooth.* Robert Munsch, Martchenko, M. Scholastic., 2002.

*Dear Tooth Fairy, Vol. 2.* Jane O'Connor, Allen, J. Grosset and Dunlap, 2002.

*Nice Try, Tooth Fairy.* Mary W. Olson, Tillotson, K. Simon & Schuster, 2000.

*The Story of the Tooth Fairy.* Tom Paxton, Sauber R. HarperCollins, 1996.

*The Tooth Fairy.* Michael Rex. Scholastic, 2003.

*Vera Goes to the Dentist.* Vera Rosenberry. Henry Holt, 2002.

*I Know Why I Brush My Teeth.* Kate Rowan, Mc Ewen, K. Candlewick, 1999.

*JoJo and Winnie Again: More Sister Stories.* Marilyn Sachs, Johnson, M. Dutton, 2000.

*Molly at the Dentist.* Angie Sage. Peachtree Publishers, 2001.

*Open Wide: A Visit to the Dentist.* Cecile Schoberle, Goldberg, B. Simon and Schuster, 1999.

*The Tooth Book.* Dr. Seuss (writing as Theo. LeSieg), Mathieu, J. Random House, 2003.

*My Tooth Is Loose!.* Martin Silverman, Aiken, A. Puffin, 1994.

*Rotten Teeth.* Laura Simms. Houghton, 1998.

*Madlenka.* Peter Sis. Farrar, Straus, and Giroux, 2000.

*Freddie Visits the Dentist.* Nicola Smee, Barron's Educational Series, 2000.

*Dr. DeSoto.* William Steig. Farrar, Straus, and Giroux, 1990.<sup>Sp. P.</sup>

*Clarabella's Teeth.* An Vrombault. Houghton, 2003.

*I Lost My Tooth.* Hans Wilhelm. Scholastic, 1998.<sup>Sp.</sup>

*Dave and the Tooth Fairy.* Verna Allette Wilkins, Hunt, P. Gareth Steven Audio, 1998.<sup>AA</sup>

*Albert's Impossible Toothache* Barbara Williams, Cushman, D. Candlewick Press, 2003.

*Tooth Fairy.* Audrey Wood. Child's Play International, 1990.

*Presto Change-O and Tooth Fairy.* Audrey Wood. Child's Play International, 1999.

### ***Nonfiction***

*Brush Well: A Look at Dental Care.* Katie S. Bagley, Gagliardi, L. Capstone Press, 2001.

*Throw Your Tooth on the Roof: Tooth Traditions from around the World.* Shelby B. Beeler, Karas, G.B. Houghton, 1998.

*Do Tarantula's Have Teeth?.* Melvin and Gilda Berger. Scholastic, 2000.

*George Washington's Teeth.* Deborah Chandra. Farrar, 2003.

*Brushing Well.* Helen Frost. Capstone Press, 1999.

*Food for Healthy Teeth.* Helen Frost. Capstone Press, 1999.

*Going to the Dentist.* Helen Frost. Capstone Press, 1999.

*Your Teeth.* Helen Frost. Capstone Press, 1999.

*Tooth Truth: Fun Facts and Projects.* Jennifer Storey Gillis, Delmonte, P. Storey Books, 1996.

*Visiting the Tooth Doctor.* Steven L. Haas. Wright and Co. 1998.

*Open Wide: Tooth School Inside.* Laura Keller. Henry Holt, 2000.

*When I See My Dentist.* Susan Kuklin. Simon and Schuster, 1988.

*Tooth Fairy Tells All.* Cynthia Copeland Lewis. Millbrook Press, 2002.

*Staying Healthy: Dental Care.* Alice B. McGinty. Scholastic, 1999.

*Mouths and Teeth.* Elizabeth Miles. Heinemann, 2002.

*What to Expect When You Go To the Dentist.* Heidi Murkoff, Rader, L. Harper Collins Children's Books, 2002.

*Those Icky Sticky Smelly Cavity-Causing, But Invisible Germs.* Judith Anne Rice, Stricklin, J. Redleaf Press, 1997. <sup>Sp.</sup>

*How Many Teeth?.* Paul Showers, Kelley, T. Harper Collins Children's Books, 1991. <sup>Sp.</sup>

*Tooth Decay and Cavities.* Alvin Silverstein, Silverstein, V, Nunn, L. Scholastic, 2000.

*Toothpaste from Start to Finish.* Tanya Lee Stone, Brady, J. Blackbirch, 2001.

*The Dentist and You.* Diane Swanson, Lipka-Sztarballo, K. Annick Press, Ltd., 2002

## **Libros en Español para Niños /Books in Spanish for Children**

### **Fiction**

*Doctor de Soto.* William Steig. Farrar, Straus, 1997.

*¡Se me cayó un diente! (I Lost My Tooth).* Hans Wilhelm, Scholastic, 1999.

### **Non-fiction**

*¿Cuántos dientes tienes,? (How Many Teeth Do You Have?)* Paul Showers, Scholastic, 1995.

*Dentistas, (Dentists).* Dee Ready, Capstone Press, 1998.

*Esos sucios pegajosos olorosos causantes de caries pero...Invisibles germanes.* Judith Anne Rice, Stricklin, J. Redleaf Press, 1997.

*Á lavarse los dientes! (Brushing My Teeth).* Elizabeth Vogel, Rosen Publishing, 2004.

## **Livros em Português para Crianças/Books in Portuguese for Children**

### **Fiction/**

*Doctor De Soto-O-Rato (Dr. De Soto),* William Steig, Nova Fronteira, 1997.

## *Activities*

1. Share poems about teeth and/or invite children to create a classroom book of their own tooth poems.
  - “I Lost My Tooth in My Doughnut”. from *Mrs. Cole on an Onion Roll and Other School Poems*. Kalli Dakos. Simon and Schuster, 1995.
  - “This Tooth”. from *More Surprises*. Lee Bennett Hopkins. Harper Collins Children’s Books, 1987.
  - “I Lost My Tooth” from *Lunch Box Mail and Other Poems*. Jenny Whitehead. Henry Holt, 2001.
  - *The Night Before the Tooth Fairy*. Natasha Wing, Barbara Johnson Newman, illustrator. Grosset and Dunlap, 2003.
2. Ask the class to come up with an original tradition to celebrate losing a tooth.
3. Make a chart of the positive and negative things about being a dentist or dental hygienist.
4. Read about and/or research various dental professionals and what their jobs involve.
5. Take a field trip to a dental office or have a dentist or dental hygienist visit the classroom. Follow up by seeing whether opinions of the professions have changed.
6. Develop a classroom experiment or science project related to oral health.
7. Each month, use the data of teeth lost by children or their siblings in the classroom to make a different type of graph. (i.e.; break down the number of teeth lost by boys versus girls; track how long it takes permanent replacement teeth to grow in).
8. Collect teeth from humans and other mammals from families, dentists, and veterinarians. Place them on a table with magnifying glasses, paper and drawing materials.
9. Take close-up photographs of each of the children’s smiles. Post the pictures in a place where the class can guess whose smile is whose.